



WHITE STAR

STRAWBERRY BREAKFAST SMOOTHIE BOWL

Serves: 4

Preparation time: 15 minutes

CATEGORY: Breakfast



Ingredients

- 500ml White Star Strawberry Instant Porridge
- 5l milk
- 500ml plain full fat yoghurt
- 4 bananas, chopped
- 16 strawberries, stems discarded

Toppings:

- 150g granola
- Fresh berries

Method

1. Put the White Star Strawberry Instant Porridge, milk, yoghurt, bananas and strawberries into a blender. Blend until smooth.
2. Divide the smoothie into 4 bowls.
3. Top with granola, fresh berries and sliced banana.